

Voices in my Head

The conference will open with a short clip from the series *Voices in my Head* by award-winning Norwegian director Gunhild Asting. During the conference there will be opportunity to attend a screening of the first episode, followed by a question and answer session with the director.



Voices in my Head is a raw, honest and compelling six part TV series about young people who have been living with psychosis. Filmed over the course of a year it follows three people who are treated at Bergfløtt, a specialist facility for psychosis. They give an honest and personal account of their experiences as they battle to turn their lives around. To illustrate their experiences with psychosis and delusion, the series fuses traditional documentary with animation and experimental sound design.

About the film company, Medieoperatørene

Since 1995 Medieoperatørene has produced award-winning documentaries, short films and television programmes. Our films span a wide range of topics, genres and styles – there are no limits to the stories we want to tell as long as they have a distinctive voice. Medieoperatørene is an independent production company, wholly owned by the employees.

About the director

Gunhild Asting is an award-winning director and has made documentary movies and series since 2004. Her first film *It's hard to be a rock'n roller* was released in cinemas Norway in 2006 and won the prize *Gledersprederprisen* at the Norwegian Filmfestival in Haugesund. Her film *The big move* won *The Golden Frame* in 2011. Her films aim for higher understanding and less social stigma. With the series *Voices in my Head* (NRK 2017) she wishes to fight social stigma against people with psychosis disorders.

Practical information about the series

FORMAT	6 x 39 Documentary TV series
RELEASED	25 th January 2017 NRK1 (Norway)
ORIGINAL LANGUAGE	Norwegian
SUBTITLES	English, Norwegian
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DIRECTOR	Gunhild Asting // + 47 991 59 102 // gunhild@mop.no //